

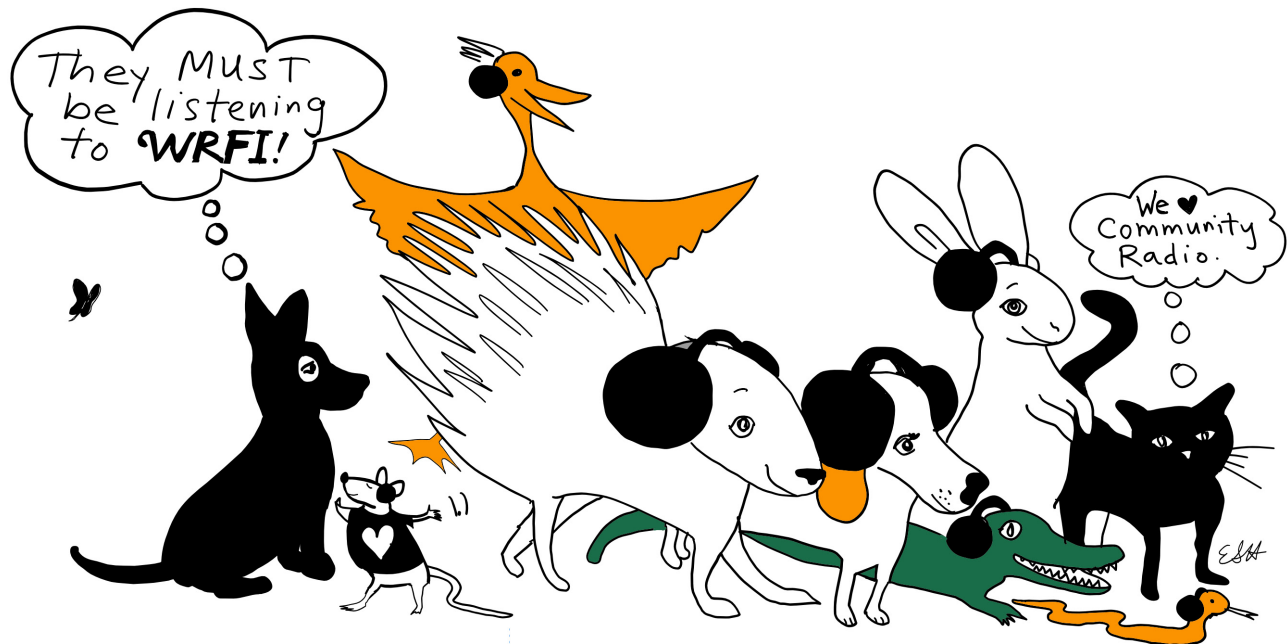


Zoë Van Nostrand <zvannostrand@ithacaradio.org>

Tuning In - What's Happening at WRFI - March 2026

WRFI Community Radio <gm@wrfi.org>
Reply-To: WRFI Community Radio <gm@wrfi.org>
To: zvannostrand@ithacaradio.org

Sat, Feb 28, 2026 at 3:57 PM



WRFI 88.1 89.7
Community Radio for Ithaca and the Finger Lakes

**NEWS & TALK in the morning - MUSIC noon til
sunrise**

**Ithaca
recently
ranked sixth**



**nationally for
arts vibrancy.**

***Local radio is
part of our
creative arts
network.***

Photography by Mark H. Anbinder, Ithaca Porchfest 2025

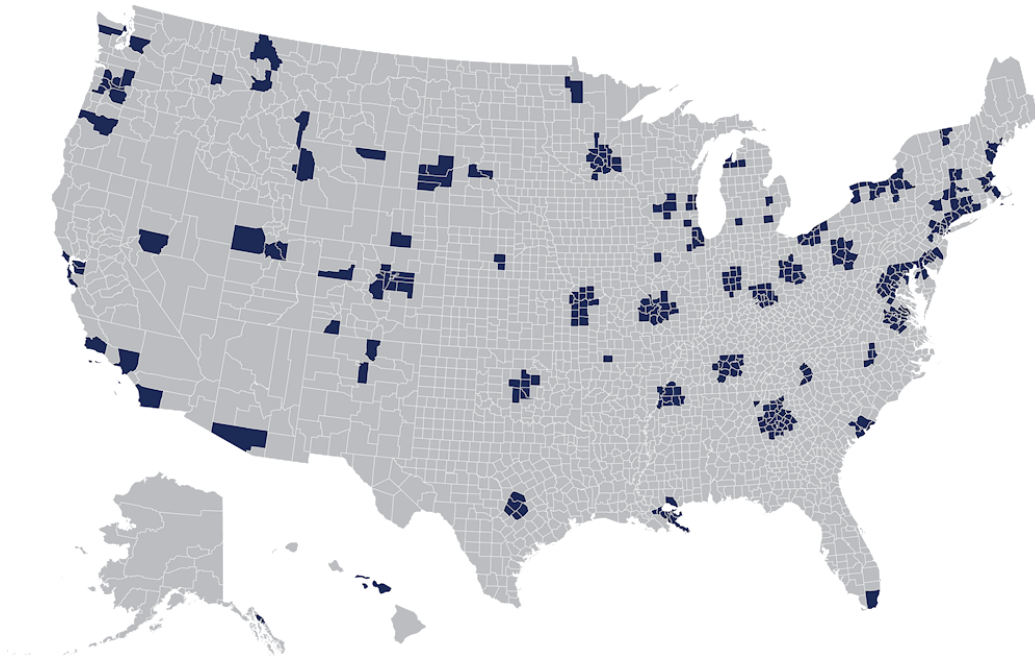
Ithaca was recently ranked as the [sixth most vibrant arts community out of 100 areas surveyed in 2025 by the SMU DataArts, the National Center for Arts Research.](#)

While not always recognized, local radio and the 70+ community volunteers that make up our station at WRFI is part of our local creative arts networks. Our DJs and show hosts are volunteers, but many of them are also part of the arts, music, and education networks that empower and enliven our small city at the end of Cayuga Lake, and enrich the region's interaction with innovative and experienced artworks and musical exploration.

It is through our DJs many and varied roles in the broader community that they are able to bring unique and independent guests to our airwaves. Showcasing local creativity in music, poetry, performance, theatre, and expressive arts. Many of these guest showcases are part of our on-going [CREATIVES on WRFI](#) and **Live Performance on WRFI** programs.

**Tompkins
Weekly**

**Ithaca
Times**



Upcoming Radio Specials & Events

Explore the **FULL** Schedule
with Program Descriptions

Sunday March 1st from 3-4pm

CREATIVES: World Premiere of **MILKWEED** at the Kitchen Theatre with Playwright Wendy Dann and Director Emily Jackson

DJ Cristina of **Spinsters Rock** (alternating Friday nights 7-9pm) talks to playwright Wendy Dann and Emily Jackson about the world premiere of **MILKWEED** opening at the Kitchen Theatre on February 25th.

"Milkweed is an intimate, surprising piece that delves into the charged space between students and teachers, at the intersection of physics and theater, where knowledge and desire blur... This poetic, multilayered world premiere by Ithaca playwright Wendy Dann explores the complicated, tender acts of teaching and learning, and will exquisitely unravel your understanding of time and space."

CREATIVES on WRFI
community radio

MILKWEED
A WORLD PREMIERE
BY WENDY DANN
FEBRUARY 25-MARCH 15, 2026
KITCHEN
theatre company

2/26
Thurs
5pm

3/1
Sun
3pm

Interview on the upcoming World Premiere of
MILKWEED at the Kitchen Theatre with Playwright
Wendy Dann and Director Emily Jackson
hosted by DJ Cristina

88.1 FM Ithaca | 89.7 FM Southern FLX | 91.9 FM Watkins Glen

WRFI.org/LISTEN

Learn more about the play
and ticket details at:
[www.kitchentheatre.org/
milkweed](http://www.kitchentheatre.org/milkweed)

In Case You Missed It...Listen Again!

- [CREATIVES: Interview](#)
with Lúnasa on WRFI
- [CREATIVES:](#)
[imPERMANENCE](#) and

the Ithaca Experimental
Film Festival (ITHEX)

- LIVE Performance by
Paper Wings on
Lowlands Radio



LOCALLY HOSTED SHOW SPOTLIGHT



SHOW: *Indie Interlude*

HOST: *Tally*

ON-AIR: *Alternating Mondays
6-7pm*

A Recent Pick: *Faye Webster
'She Won't Go Away' (Secretly
Canadian, 2017)*

Indie Interlude features
contemporary indie, alternative,
and folk music with a focus on

Recent Broadcast

independent artists and labels. Each show will have a new theme. Themes might include music from specific regions, a lyrical theme, or new releases. Tune in to discover new favorite tunes!

We offer news and talk in the morning from 4am-12pm, and music from 12pm until 4am. Our schedule includes over [70 community DJs and show hosts](#), and syndicated news and talk shows as well. Explore all our [Syndicated](#) and [Local Programs](#) and learn more about your homegrown, nonprofit, community radio station.

Miss your show? Find any WRFI music show available at wrfi.org/archives for two weeks after its original air date.

Specials & Features can be found on our [Spotify channel](#). Our syndicated programs can be found on their individual show channels and websites.

Gratitude to our Community Sponsors for March 2026



Do you know a **local business or organization that would love to underwrite** with WRFI? Reach out to connect@ithacaradio.org for details.



Listen at 88.1 FM Ithaca, 89.7 FM Southern FLX, and 91.9 FM Watkins Glen and WRFI.org/listen

Follow @wrficommunityradio on most platforms

Legal / Copyright Designated Agent Information

Public Inspection Files: **WRFI, WINO**. Users with disabilities can [contact us here](#) or call the station at **607-319-5445** for assistance reviewing the Public Inspection Files.

WRFI/Ithaca Community Radio Inc.
103 W Seneca St #305
Ithaca, NY 14850

Web: wrfi.org

Office Number: **607-319-5445**

Studio Line: **607-441-9734**

Our Staff email contacts can be found here

[update your preferences](#) or [unsubscribe](#)

[View email in browser](#)

WRFI/Ithaca Community Radio, Inc · 103 W Seneca St Ste 305 · Ithaca, NY 14850-4145 · USA

